

COMPASSIONATE CONVERSATIONS

An education offer from The Hospice of St Francis for Corporate Partners



Three workshops that share some approaches to sensitive conversations that occur within and beyond the workplace.



The Hospice
of st francis

Delivered by experts within their field of practice

- Compassionate communication
- Starting the conversations (about illness and dying)
- Supporting those experiencing grief and loss

Venue:
Delivered face
to face or online

2.5 hour workshops
(recommended)

£75 per person
per workshop

“ This course provided me with some really valuable knowledge which I will apply in my everyday working practice

SESSION

1

COMPASSIONATE COMMUNICATION



Thursday
21st May
09:30 - 12:00



Great in a face to face setting, some good suggestions of phrases to use and made us think about how we can use this learning in our current roles.

COURSE AIMS

To explore approaches to compassionate communication.



COURSE OBJECTIVES

- To identify the challenges you face
- To describe and give examples of what helps and hinders effective communication
- To reflect on possible responses/skills to difficult encounters
- To identify personal resilience techniques

Following the sessions, individuals are welcome to have a tour of the hospice

SESSION 2

STARTING THE CONVERSATION AROUND ILLNESS AND DYING



Tuesday
2nd June
09:30 - 12:00



The trainers are verse in knowledge about the course and able to deliver in a manner that is simple and explicit.

COURSE AIMS

To identify approaches and resources useful for starting the conversation around illness and dying.



COURSE OBJECTIVES

- To identify communication challenges around this subject
- To highlight some approaches to talking about illness and dying
- To identify some useful resources to aid such discussions and where to signpost
- To identify personal resilience techniques

These sessions can be accessed separately, but ideally, those attending sessions 2 and 3 would have attended the session on compassionate communication or have a good foundation in communication skills.

SESSION 3

SUPPORTING THOSE EXPERIENCING LOSS AND GRIEF



Tuesday
30th June
09:30 - 12:00



I learnt so much. I can put this to practice.

COURSE AIMS

To explore what normal grief might look like and identify some ways of supporting people experiencing grief.



COURSE OBJECTIVES

- To explore normal grief and give a brief overview of some bereavement theories
- To identify strategies for supporting those experiencing loss and grief
- To consider what compassionate listening might look like and what might be helpful to say/not to say
- To identify useful resources/where to signpost
- To identify personal resilience techniques

INTERESTED? GET IN TOUCH!

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Reg. Charity No. 280825