

COMPASSIONATE CONVERSATIONS

An education offer
from The Hospice
of St Francis for
Corporate Partners



Three workshops that share some approaches to sensitive conversations that occur within and beyond the workplace.



Delivered by experts within their field of practice

- Compassionate communication
- Starting the conversations (about illness and dying)
- Supporting those experiencing grief and loss

Venue:
Delivered face
to face or online

2.5 hour workshops
(recommended)

Dates: to be confirmed
with individual
corporate partner

“ This course provided me with some really valuable knowledge which I will apply in my everyday working practice

SESSION 1

COMPASSIONATE COMMUNICATION

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Great in a face to face setting, some good suggestions of phrases to use and made us think about how we can use this learning in our current roles.

COURSE AIMS

To explore approaches to compassionate communication.



COURSE OBJECTIVES

- To identify communication challenges you face
- To describe and give examples of what helps and hinders effective communication
- To reflect on possible responses/skills to difficult encounters
- To identify personal resilience techniques

Get in touch! education@stfrancis.org.uk

SESSION 2

STARTING THE CONVERSATION AROUND ILLNESS AND DYING

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The trainers are verse in knowledge about the course and able to deliver in a manner that is simple and explicit.

COURSE AIMS

To identify approaches and resources useful for starting the conversation around illness and dying.



COURSE OBJECTIVES

- To identify communication challenges around this subject
- To highlight some approaches to talking about illness and dying
- To identify some useful resources to aid such discussions and where to signpost
- To identify personal resilience techniques

These sessions can be accessed separately, but ideally, those attending sessions 2 and 3 would have attended the session on compassionate communication or have a good foundation in communication skills.

SESSION 3

SUPPORTING THOSE EXPERIENCING LOSS AND GRIEF

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I learnt so much. I can put this to practice.

COURSE AIMS

To explore what normal grief might look like and identify some ways of supporting people experiencing grief.



COURSE OBJECTIVES

- To explore normal grief and give a brief overview of some bereavement theories
- To identify strategies for supporting those experiencing loss and grief
- To consider what compassionate listening might look like and what might be helpful to say/not to say
- To identify useful resources/where to signpost
- To identify personal resilience techniques

INTERESTED? GET IN TOUCH!

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**The Hospice
of st francis**

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