

Admiral Nursing
Service for
Isabel Hospice

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Registered Charity Number 1039404

Hospice and Dementia?

- Alzheimer's Society & Marie Curie (2014) report – Living and Dying with Dementia in England
- Hospice UK (2015) – The Role of Hospices in Supporting People with a Diagnosis of Dementia in the Future
- Isabel Hospice, Welwyn Garden City, Herts.

Isabel Hospice Dementia and EOL Care



- Specialist end of life care for the person with dementia and their carers
- Signposting and Accessing of Hospice services
- Advice and Education
- Emotional support
- Inclusion

NHS ENGLAND TRANSFORMATION FRAMEWORK – THE WELL PATHWAY FOR DEMENTIA

PREVENTING WELL



Risk of people developing dementia is minimised

"I was given information about reducing my personal risk of getting dementia"

STANDARDS:

Prevention⁽¹⁾
 Risk Reduction⁽⁵⁾
 Health Information⁽⁴⁾
 Supporting research⁽⁵⁾

DIAGNOSING WELL



Timely accurate diagnosis, care plan, and review within first year

"I was diagnosed in a timely way"
 "I am able to make decisions and know what to do to help myself and who else can help"

STANDARDS:

Diagnosis⁽¹⁾⁽⁵⁾
 Memory Assessment⁽¹⁾⁽²⁾
 Concerns Discussed⁽³⁾
 Investigation⁽⁴⁾
 Provide Information⁽⁴⁾
 Integrated & Advanced Care Planning⁽¹⁾⁽²⁾⁽³⁾⁽⁵⁾

SUPPORTING WELL



Access to safe high quality health & social care for people with dementia and carers

"I am treated with dignity & respect"
 "I get treatment and support, which are best for my dementia and my life"

STANDARDS:

Choice⁽²⁾⁽³⁾⁽⁴⁾. BPSD⁽⁶⁾⁽²⁾
 Liaison⁽²⁾. Advocates⁽³⁾
 Housing⁽³⁾
 Hospital Treatments⁽⁴⁾
 Technology⁽⁵⁾
 Health & Social Services⁽⁵⁾
 Hard to Reach Groups⁽³⁾⁽⁵⁾

LIVING WELL



People with dementia can live normally in safe and accepting communities

"I know that those around me and looking after me are supported"
 "I feel included as part of society"

STANDARDS:

Integrated Services⁽¹⁾⁽³⁾⁽⁵⁾
 Supporting Carers⁽²⁾⁽⁴⁾⁽⁵⁾
 Carers Respite⁽²⁾
 Co-ordinated Care⁽¹⁾⁽⁵⁾
 Promote independence⁽¹⁾⁽⁴⁾
 Relationships⁽³⁾. Leisure⁽³⁾
 Safe Communities⁽³⁾⁽⁵⁾

DYING WELL



People living with dementia die with dignity in the place of their choosing

"I am confident my end of life wishes will be respected"
 "I can expect a good death"

STANDARDS:

Palliative care and pain⁽¹⁾⁽²⁾
 End of Life⁽⁴⁾
 Preferred Place of Death⁽⁵⁾

References: (1) NICE Guideline (2) NICE Quality Standard 2010. (3) NICE Quality Standard 2013. (4) NICE Pathway. (5) Organisation for Economic Co-operation and Development (OECD) Dementia Pathway. (6) BPSD – Behavioural and Psychological Symptoms of dementia.

RESEARCHING WELL

In the early days....

- Commenced 17/09/18
- Shadowing CNS's, AN's and other Hospice services.
- Dementia UK Forum and Induction
- Operational policy and referral pathway.
- First steering group

Referral pathway

- Electronic referral received by Hospice
- Daily handover
- Triageed appropriately
- Primary diagnosis of Dementia
- To sit under CNS/AN caseload
- Discharge criteria

Clinical Practice

- Community focus
- Specialist Assessment (FAST, GSF, IPOS-DEM, PAIN-AD).
- Psychosocial interventions
- Family Work and support
- Collaborative working
- Advanced Care Planning

Education

- Dementia training
- Hospice education days
- Continued professional development
- Training to all shops-dementia friends.

Evidence, Research and Development

- Admiral Nurse Steering Groups
- Focus groups
- Carer surveys (including CSNAT)
- Supporting best practice (WANDA)

CSNAT-Carer Support Needs Assessment Tool

- Five stage person-centred approach
- Carer led
- Strength not burden
- Provides Empowerment
- Allows Admiral Nurse to define needs and tailor support required
- Reassessment and evaluation

Top tips for caring

- Enter their world
 - The 3 P's-know when to seek help
 - Take time for simple tasks
 - Make the home dementia friendly
 - Diet and nutrition
-
- The carer needs to look after themselves too!

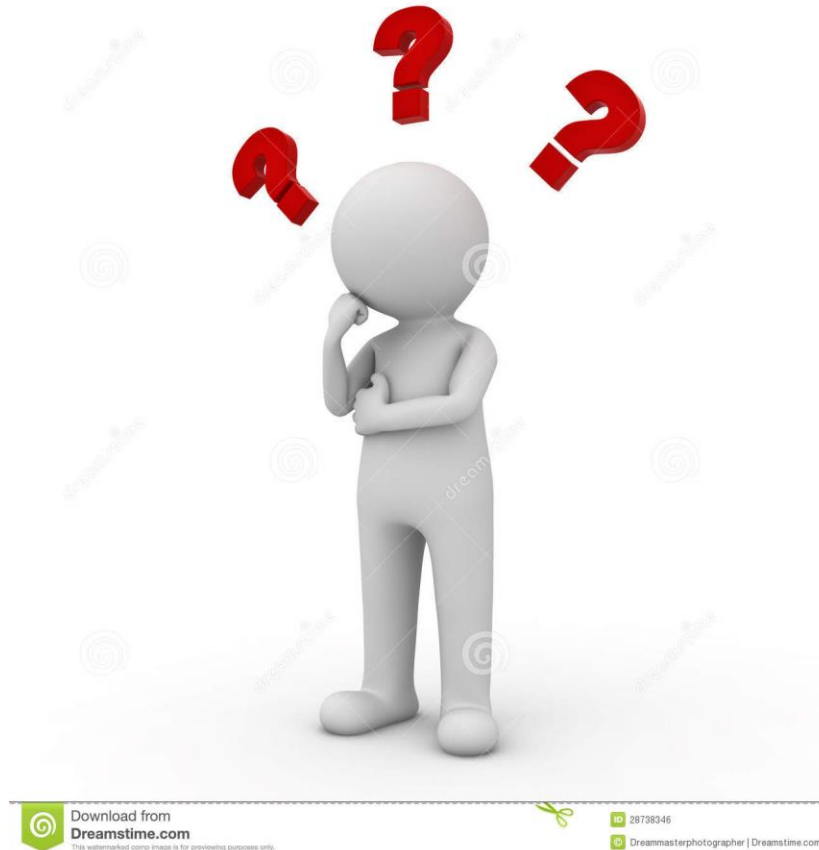
Communication

- Maintain eye contact
- Speak clearly and in short sentences
- Be reassuring
- Try not to correct the person if they get it wrong
- Finding other ways to reconnect

Managing pain in people with Dementia

- Tools used by Health care professionals
- ABBEY, PAIN AD
- Electronically recorded and assessed on visits.
- Care plans formulated where pain is an issue
- Reassessed

Any Questions?



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