



Hertswise

Dementia support in Herts

**Are you living with dementia
or worried about memory loss?**

**How can
Hertswise
support
me?**

Hertswise offers community dementia support throughout Hertfordshire. There are many ways we can help people living with dementia, memory loss or mild cognitive impairment, as well as their carers & loved ones

Information and advice

Our specialist advisors can offer guidance and help you find the right support for all aspects of your life.

Groups and one-to-one support

We can help you get involved in the activities that interest you, whether as part of a group or on an individual basis.

Carer support groups and advice

A chance to relax and share ideas with a group who can relate to your experiences.

And much more!

See overleaf for more about accessing
[Hertswise Dementia Support](#).

Who can access Hertswise support?

Hertswise services are available to people of all ages living anywhere in Hertfordshire. Our open referral system means that you can refer yourself or a loved one to Hertswise simply by getting in touch

HertsHelp are a part of the Hertswise partnership, and are here to help you access a broad range of health services, including dementia support

For more information, call HertsHelp:

0300 123 4044*

Monday to Friday, 8am-6pm

*Call charged at a local rate

Want a better understanding of dementia?

We offer dementia training for carers, family and friends, community groups, charities and businesses to support those living with dementia in their communities

Volunteers needed!

Get in touch for more information about volunteering

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